



SUMMER CAMP MENU

Lunch: \$5 each

We can accommodate most food allergies.

June 16-20	Monday June 16	Tuesday June 17	Wednesday June 18	Thursday June 19	Friday June 20
Main	Turkey Sandwich	PB & J	Turkey Pesto Sandwich	chicken Wrap	Hoagie
Fruit/Veg	Watermelon	Grilled Pineapple	Strawberry Applesauce	Orange Slices	Tomato-Cucumber Salad
Extra Side	Rice Pudding	Snack Mix	Crunch Bars	Wholesome Chocolate Chip Cookies	Gingerbread Mini Muffin
Drink	Juice or milk	Juice or milk	Juice or milk	Juice or milk	Juice or milk

June 23-27	Monday June 23	Tuesday June 24	Wednesday June 25	Thursday June 26	Friday June 27
Main	Chicken Kabob	Sesame Chicken Wrap	Turkey & Swiss Sandwich	Tropical Tortilla Wrap	PB & J with Apple Slices
Fruit/Veg	Mixed Greens Salad	Celery Sticks	Raspberry Yogurt	Strawberries	Melon Slices
Extra Side	Dessert-ed Island	Coconut Cookies	Banana S'mores	Mud Pie	Brownie Bites
Drink	Juice or milk	Juice or milk	Juice or milk	Juice or milk	Juice or milk



SUMMER CAMP MENU

June 30- July 3	Monday June 30	Tuesday July 1	Wednesday July 2	Thursday July 3	Holiday!
Main	Turkey Star Sandwich	Blue & Red Tortilla Taco Salad	Patriotic PB&J	American Apple Chicken Pita Pocket	Holiday!
Fruit/Veg	Cherries	Watermelon Pop Stars	Striped Berry Parfait	Red apple	Holiday!
Extra Side	Strawberry yogurt pretzels	Red, white, & blueberry tart	Star oatmeal honey cake	Striped Napoleon	Holiday!
Drink	Juice or milk	Juice or milk	Juice or milk	Juice or milk	Holiday!

July 7-11	Monday July 7	Tuesday July 8	Wednesday July 9	Thursday July 10	Friday July 11
Main	Sesame Chicken Wrap	Club Sandwich	Turkey Pesto Sandwich	Turkey & Cheese	Chicken Wrap
Fruit/Veg	Mixed Greens Salad	Melon slices	Grape Kabob	Banana	Juicy Orange Slices
Extra Side	Lemon tart	Snack Mix	Rice Pudding	Chocolate with Graham Sticks	Island Party Panna Cotta
Drink	Juice or milk	Juice or milk	Juice or milk	Juice or milk	Juice or milk



SUMMER CAMP MENU

July 14-18	Monday July 14	Tuesday July 15	Wednesday July 16	Thursday July 17	Friday July 18
Main	Turkey Sandwich with Cranberry	Farmer's Market Veggie Wrap	PB & Honey	Grilled Balsamic Chicken Sandwich	Mini Cheese Sandwiches
Fruit/Veg	Melon Bisque	Minty Melon Slices	Fresh Berries	Banana	Fruit Salad
Extra Side	Mooka Mocha Cookie	Cheese & Cheddar Cracker "platter"	Apple Orchard Mini Muffin	Spotted Cow Cookie (White and dark chocolate)	Mud Pie
Drink	Juice or milk	Juice or milk	Juice or milk	Juice or milk	Juice or milk

July 21-25	Monday July 21	Tuesday July 22	Wednesday July 23	Thursday July 24	Friday July 25
Main	Turkey Wrap	Grilled Chicken & Mozzarella Pita Pocket	Turkey Skewers	Mango Chicken Sandwich	Elefunky Monkey (PB and honey with banana)
Fruit/Veg	Grapes	Orange Slices	Bean Salad	Dried Fruit Snack Mix	Potato Salad
Extra Side	Coconut Ball	Monkey Tail	Pink Flamingo Meringues	Brownie Bite	Tropical Delight
Drink	Juice or milk	Juice or milk	Juice or milk	Juice or milk	Juice or milk



SUMMER CAMP MENU

July 28- August 1	Monday July 28	Tuesday July 29	Wednesday July 30	Thursday July 31	Friday August 1
Main	Chicken Sandwich	Turkey Pepperjack Pocket	Veggie Wrap	PB & J	Chicken Wrap
Fruit/Veg	Banana	Sundried Tomato Pasta Salad	Fruit Salad	Honey Roasted Carrots	Potato Salad
Extra Side	Summer Sweetie Pie	Berried Treasure	Sand Castle Crumble	Strawberry Shortcake	Applesauce Cake
Drink	Juice or milk	Juice or milk	Juice or milk	Juice or milk	Juice or milk

August 4-8	Monday August 4	Tuesday August 5	Wednesday August 6	Thursday August 7	Friday August 8
Main	Turkey BLT	PB&J	Turkey Sandwich	Veggie & Ranch Wrap	Asian Chicken Wrap
Fruit/Veg	Mixed Greens Salad	Grapes	Carrots	South of the Border Bean Salad	Bananas
Extra Side	Zippy Zucchini Muffin	Maple Cookies	Lickety Banana Split	PB&J Muffins	Crepes
Drink	Juice or milk	Juice or milk	Juice or milk	Juice or milk	Juice or milk



SUMMER CAMP MENU

August 11-15	Monday August 11	Tuesday August 12	Wednesday August 13	Thursday August 14	Friday August 15
Main	Sub Sandwich	Chicken and Veggie Sandwich	Gyro Sandwich	Turkey Wrap with Cranberries	Turkey Pita Pocket
Fruit/Veg	Carrots	Apple	Melon Slices	Fruit Salad	Cheese & Apple slices
Extra Side	Kiwi Parfait	Key Lime Tart	Cake	Fruit Pastry	Snack Mix
Drink	Juice or milk	Juice or milk	Juice or milk	Juice or milk	Juice or milk

August 18-22	Monday August 18	Tuesday August 19	Wednesday August 20	Thursday August 21	Friday August 22
Main	Balsamic Grilled Chicken Sandwich	Turkey Pesto Sandwich	Lunchbox Chicken Empanada	Turkey Sandwich	Mozzarella Chicken Wrap
Fruit/Veg	Orange Slices	Edamame	Celery Sticks	Spinach Salad	Carrot Spears
Extra Side	Berry Shortcake	Fig Bars	Brownie Bite	Fruit Tart	Rhubarb Muffin
Drink	Juice or milk	Juice or milk	Juice or milk	Juice or milk	Juice or milk